

**Sri Krishna Dutt Academy,  
Vrindavan Yojna, Raibareilly Road,  
Lucknow (U.P.)**  
*(An Associated college of University of Lucknow)*

**Curriculum of Add-on-Course**

**Traffic Rules and Driving**

**Session: 2022-23**

1. Name of the Add-on-Course: Certificate Course on "Traffic Rules and Driving"
2. Course Coordinator (With Email and Mobile)
3. Duration of Course (In Hours): 30 Hours
4. Total Marks:

Theory	50
Practical & Viva	20
Presentation	10
Assignment	10
Class Attendance	10
<b>Total Marks</b>	<b>100</b>

5. Objectives of the Certificate Course:

**1. Understanding Traffic Laws:**

- Identify and comprehend traffic signs, signals, and road markings.
- Interpret and adhere to local traffic laws and regulations.
- Understand the consequences of violating traffic laws.

**2. Safe Driving Practices:**

- Demonstrate proficiency in basic vehicle maneuvers (e.g., steering, braking, accelerating).
- Practice defensive driving techniques to anticipate and avoid potential hazards.
- Develop strategies for driving in various weather conditions and environments.

6. **Target Group:** B.Sc., B.Com.& B.Ed.

# **Traffic Rules and Driving Course**

## **Syllabus :**

### **Session 1: Introduction to Traffic Rules and Regulations**

- Overview of traffic laws and regulations
- Understanding traffic signs, signals, and road markings
- Importance of obeying traffic rules for personal safety and public welfare

### **Session 2: Basics of Vehicle Operation**

- Vehicle controls and dashboard indicators
- Starting, stopping, and steering techniques
- Understanding the gear system (for manual transmission vehicles)

### **Session 3: Defensive Driving Techniques**

- Defensive driving principles and strategies
- Anticipating and reacting to potential hazards
- Maintaining a safe following distance and proper lane positioning

### **Session 4: Traffic Intersections and Right-of-Way**

- Rules governing intersections
- Procedures for yielding and right-of-way
- Navigating roundabouts and traffic circles

### **Session 5: Parking and Maneuvering**

- Parallel parking technique
- Angle parking and perpendicular parking
- Reversing and three-point turns

### **Session 6: Driving in Various Conditions**

- Driving in adverse weather conditions (rain, fog, snow)
- Night driving tips and visibility considerations
- Strategies for driving on highways and in heavy traffic

### **Session 7: Sharing the Road with Pedestrians and Cyclists**

- Pedestrian rights and responsibilities
- Bicycle safety rules and sharing the road with cyclists
- Understanding pedestrian crossings and bike lanes

### **Session 8: Defensive Driving Simulation**

- Interactive simulation exercises to practice defensive driving skills
- Identifying and reacting to simulated driving scenarios

### **Session 9: Risk Management and Accident Prevention**

- Common causes of accidents and how to avoid them
- Steps to take in the event of a traffic collision
- Insurance and legal considerations for drivers